

# Nottinghamshire Area Prescribing Committee September 2022 Bulletin

www.nottsapc.nhs.uk www.nottinghamshireformulary.nhs.uk nnicb-nn.nottsapc@nhs.net



### New submissions:

Icosapent Ethyl (Vazkepa®, Amarin Pharmaceuticals Ltd)	AMBER 2	<ul> <li>For use in line with NICE TA 805.</li> <li>Secondary prevention in patients with raised triglycerides and controlled LDL cholesterol.</li> </ul>
Rufinamide (Inovelon <sup>®</sup> , Eisai Ltd)	AMBER 2	<ul> <li>For the management of tonic or atonic seizures in line with <u>NICE</u> <u>NG217</u>.</li> <li>Use in patients without confirmed Lennox Gastaut Syndrome is an unlicensed indication.</li> <li>There is a need for females of childbearing potential to use adequate contraception.</li> </ul>
Ryaltris® (mometasone/ olopatadine, Glen- mark Pharm Eu Ltd) for allergic rhinitis	AMBER 3	<ul> <li>For the treatment of moderate to severe nasal symptoms associated with allergic rhinitis.</li> <li>An additional nasal fixed-dose combination of an antihistamine and corticosteroid option under step 4 of the <u>Allergic Rhinoconjunctivitis</u> <u>APC guideline</u>.</li> </ul>
Fibrates (fenofibrate and bezafibrate MR) for primary biliary cholangitis	AMBER 2	<ul> <li>Specialist initiation as second-line alternative therapy for primary biliary cholangitis (PBC).</li> <li>Fibrates will be offered as a treatment option following specialist (PBC) and MDT discussion for patients intolerant or unresponsive to obeticholic acid.</li> <li>The treatment will be long-term, and there was no preference between the fibrates.</li> </ul>
Aptamil Pepti Syneo (Nutricia)	AMBER 3	A second line Extensively Hydrolysed Formula option in Cows Milk Protein allergy alongside SMA Althera and Aptamil Pepti. To be con- sidered if Nutramigen with LGG is unsuitable.
Testosterone gel for low libido in postmenopausal women	AMBER 2	<ul> <li>For use on specialist Menopause clinic or gynaecologist recommendation for women who have been on an optimised dose of conventional HRT for at least 6 months.</li> <li>See <u>Prescribing information sheet</u> for details of preparations and monitoring requirements.</li> </ul>

# News from the APC - updated/new documents:

- <u>Testosterone for low libido in postmenopausal women Prescribing Information Sheet</u> (New)
- <u>Antidepressants in Primary Care</u> (Update)
- <u>Overarching pain guideline(New)</u>
- <u>Stoma Ancillaries Formulary</u> (Update)
- <u>Steroid Emergency Card</u> patient information and letter (New)
- Transgender collaborative care protocol and prescribing information sheets (New)
- <u>Transgender Prescribing Position Statement</u> (Update)
- <u>Midodrine Prescribing Information Sheet</u> (Update)
- ADHD in adults <u>Shared Care Protocol</u> (Update)
- Desmopressin Prescribing Information Sheet (Update)
- Valproate Shared Care Protocol for Patients of Childbearing Potential (New)
- <u>Amiodarone Shared Care Protocol</u>(Update)
- <u>Vitamin B12 guideline</u> (Interim update)
- <u>Freestyle Libre Eligibility Criteria</u> (Update)
- Penicillin Allergy Awareness Leaflet (Update)

# News from the APC continued - updated/new documents:

## Antimicrobial Guidelines (Update)

- Acute Diverticulitis
- <u>Amoebiasis</u>
- Cryptosporidiosis

- **Giardiasis**
- Infectious Diarrhoea
- Threadworms
- Respiratory self-management plans (Update) <u>Asthma, COPD, Bronchiectasis</u>
- <u>Greener NHS Inhaler Prescribing Resources</u> (New)
- Shared care patient information leaflets (new)
- <u>Continence formulary</u> (Update to sheaths section and reformatted)

# Horizon scanning, formulary amendments and traffic light changes

# <u>Horizon scanning</u>

GREY no formal assessment:

- Risperidone 75 mg powder and solvent for prolonged-release suspension for injection (Okedi<sup>®</sup>).
- Netilmicin and dexamethasone, 3mg/1mg in 1mL eye drops in a single-dose container.
- ♦ (Netildex<sup>®</sup>).
- Dexamethasone and levofloxacin 1mg/5mg in 1mL eye drops (Ducressa<sup>®</sup>).
- Pyridostigmine 12mg/mL oral solution.
- Levodopa, carbidopa, entacapone (Lecigon<sup>®</sup>) 940mg/235mg/940mg in 47mL Gel.
- Dexcom ONE and GlucoRx AiDEX.
- Beclometasone dipropionate 172mcg, formoterol fumarate dihydrate 5mcg, glycopyrronium 9mcg bromide. (Trimbow<sup>®</sup>) pMDI

#### Added as GREY:

- ◊ Tiotropium (Acopair®)
- ◊ Metolazone (Xaqua®)

# Added as AMBER 2:

- ♦ <u>Female stress incontinence products</u> Efemia<sup>®</sup>, Contiform<sup>®</sup>, Diveen<sup>®</sup>
- Tapentadol prolonged-release tablets (Ationdo<sup>®</sup>)

## Added as AMBER 3:

Rivaroxaban 20mg/15mg Film-coated Tablets Treatment Initiation Pack (Xarelto®)

## **Formulary Amendments**

- Bupropion from **RED** to AMBER 2 for the treatment of resistant/refractory depression
- Sodium Valproate and Valproate Semisodium—from AMBER 2 to AMBER 1 for patients of childbearing potential only. Remains as AMBER 2 for all other patients.
- Freetstyle Libre 2 for Type 2 diabetes has changed from AMBER 2 to AMBER 3 with appropriate training, as per updated criteria

## Other:

- Rivaroxaban 1mg/ml granules for oral suspension (Xarelto®) updated to include formulations for different weights of children.
- Riboflavin oral added clarity to the indication, paediatric metabolic disorders only.
- Naseptin cream formulary updated due to the formulation no longer containing Arachis oil (peanut oil).
- Oxybutynin 2.5mg/5mL and 5mg/5mL oral solution added further information that some brands contain sorbitol.
- Hypromellose eye drops 0.3% PRESCRIBE BY BRAND. Now in appliances section of the drug tariff. All generic prescriptions for hypromellose eye drops 0.3% are now non-EPS compliant and cannot be sent electronically. AaproMel<sup>®</sup> or Teardew<sup>®</sup> are the recommended brands added to the formulary.
- Oxycodone 1mg/mL and 10mg/mL oral solution (Shortec<sup>®</sup> liquid 1mg/mL and 10mg/mL) Shortec<sup>®</sup> brand of
  oral solution will be discontinued at end of September (non-proprietary still available). Prescribe generically.
- Morphine sulfate 10mg/5ml oral solution generic version more cost-effective than Oramorph<sup>®</sup>. Formulary updated to reflect this.

**APC webinars** A pre-recorded APC update webinar is now available to view on our <u>YouTube channel</u>

The work of the NAPC is supported and managed by the interface team. They can be contacted via <u>nnicb-nn.nottsapc@nhs.net</u>