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~Type 2 diabetes update

### New submissions:

<p><b>Tacrolimus ointment (generic) for facial vitiligo</b></p>	<p><b>AMBER 2</b></p>	<ul style="list-style-type: none"> <li>• As per Prescribing Information Sheet.</li> <li>• Unlicensed for vitiligo. However, the off-label use of tacrolimus ointment is recommended as a 1st line topical treatment for facial vitiligo by the <a href="#">primary care dermatology society</a> and supported by the <a href="#">British Association of Dermatologists</a> in their guideline for the management of people with facial vitiligo as an alternative to potent or very potent topical corticosteroids.</li> </ul>
<p><b>Ciprofloxacin 0.3%/ Dexamethasone 0.1% ear drops (generic) for ear Infections</b></p>	<p><b>AMBER 2</b></p>	<ul style="list-style-type: none"> <li>• For acute otitis externa (AOE) and acute otitis media in patients with tympanostomy tubes (AOMT).</li> <li>• Licensed in adults and children with AOMT from 6 months old and children with AOE from 1 year old.</li> </ul>
<p><b>Efmody® (hydrocortisone MR, Diurnal Limited ) for congenital adrenal hyperplasia</b></p>	<p><b>AMBER 2</b></p>	<ul style="list-style-type: none"> <li>• For adolescents from 12 years old and adults with CAH.</li> <li>• Only be used in exceptional cases. All monitoring will be provided by secondary care.</li> </ul>
<p><b>Admelog® (insulin lispro biosimilar- Sanofi)</b></p>	<p><b>AMBER 2</b></p>	<ul style="list-style-type: none"> <li>• Admelog offers cost savings compared to the originator product Humalog®.</li> <li>• The Admelog® pre-filled pen device is the Solostar pen, which is the same pen device as Lantus® and Trurapi.</li> <li>• When patients are already using an insulin for which a lower-cost biosimilar is available, the possibility of switching to the biosimilar can be considered as a shared decision with the patient.</li> </ul>

### News from the APC - updated/new documents:

- [Anticoagulants in AF Guideline](#)
- [Type II Diabetes Guideline](#) (see overleaf)
- [Sick Day Rule Guideline](#) and [Patient Leaflet](#)
- [Vortioxetine Prescribing Information Sheet](#)
- [Overactive Bladder Guidelines](#)
- [Blood Glucose Test Strip Formulary](#)
- [Topical Tacrolimus for Facial Vitiligo Information Sheet](#)
- [Urticaria Primary Care Pathway](#)
- [Falls- Medicines Which Increase The Risk](#)
- [Enoxaparin Information Sheet](#)
- [Inclisiran Prescribing Information Sheet](#)
- [Lithium Prescribing Information Sheet](#)  
(minor interim update)
- [DOAC Position Statement](#)

#### Antimicrobial Guidelines

- [Scabies](#)
- [Boils](#)
- [Cutaneous Candidiasis](#)
- [Gonorrhoeae](#)
- [Vaginal discharge in children](#)
- [Pelvic Inflammatory Disease](#)

#### To be finalised within the next two weeks

- ⇒ Testosterone Shared Care Protocol
- ⇒ Frequency of Blood Glucose Testing Guideline

**APC webinars** A pre-recorded APC update is available to view on our [YouTube channel](#)

## Our brand new Podcast

Prescribing and Interface Learning Sessions (PILS). This is a podcast brought to you by Nottingham and Nottinghamshire ICB, created to deliver the latest APC updates in a quick and easy to listen format. We hope you will find it useful. Please give us your feedback by commenting below each podcast or emailing the [Interface Team](#).

[APC Podcast](#)

## Horizon scanning, formulary amendments and traffic light changes

### Added as GREY:

iQoro® device - [PrecQIPP summary](#) recommends against its use (password required).

Riboflavin - a food supplement, OTC purchase required for migraine use. NB riboflavin is also classified RED for the treatment of metabolic diseases.

### Added as RED:

Chloral Betaine - Chloral betaine has been discontinued and is only available as a special (which is not listed in the specials tariff).

Guanfacine –agreed at NHCT; for use on the advice of the Neurodevelopmental Specialist Service.

### Added as GREEN:

Suprasorb® P Sensitive - for use at SFH in line with Regional Wound Care Formulary.

Pro D3® 2000 units/ ml drops may be supplied as an alternative to Fultium D3® drops during supply problems.

Metformin 500mg powder sachets – more cost effective than oral solution.

Luforbec®. Cost effective alternatives to Fostair 100/6 and 200/6 pMDIs

### Other

Bismuth subsalicylate (Pepto-Bismol® tablets) - Supply issues until June 2023

Rivaroxaban suspension (Xarelto®) - Formulary entry clarified to avoid patients being given insufficient supply.

## Feature of the month

### The Nottinghamshire guideline for Type 2 Diabetes in Adults has been updated!

Find it [here](#). Main changes include:

- SGLT2 inhibitors are recommended much earlier in the treatment pathway for those with type 2 diabetes and established Cardiovascular disease, Heart Failure or CKD. This is in line with recommendations in NICE NG28 for those that should be “offered” a SGLT2 inhibitor.
- Refresh of the Lifestyle section- bringing together various links and guidance that maybe useful to consider.
- Update of medication tables– more focus on the points to consider when choosing medications for individual patients eg contraindications, side effects, counselling points. With links to patient Information leaflets and external resources.
- Insulin section enhanced to highlight commonly used insulins and differences between them.
- Recommendations to use biosimilar insulins where available.
- Information added about [PenCycle](#), a insulin and GLP-1 pre-filled pen recycling initiative.
- Blood Glucose Monitoring section expanded with reference to other relevant guidance eg, FreeStyle Libre2.

The work of the NAPC is supported and managed by the interface team.

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