

Tool / Guideline	Link	Best For	Medication Classes	Comments
ACB Calculator	ACB Calculator	<ul style="list-style-type: none"> •Calculating anticholinergic burden •Narrow scope-calculates ACB score only. 	Broad range	Calculator which works out risk and states action to be taken. Good for cognitive risk profile.Supports decision making during a medication review.
Deprescribing.org Guidelines	Deprescribing Guidelines and Algorithms - Deprescribing.org	<ul style="list-style-type: none"> •Safe tapering of specific drug classes in older adults. •Algorithms for specific drug classes. 	PPIs, benzodiazepines, antipsychotics, antihypertensives, antihyperglycemics	Evidence-based deprescribing algorithms for these classes of drug
IMPACT. Improving Medicines and Polypharmacy Appropriateness Clinical Tool	PrescQIPP IMPACT tool	<ul style="list-style-type: none"> •Supports structured, patient-centred deprescribing. •Gives deprescribing priority and considerations to optimise meds use giving rtes to stopp/start/ Beers, Scotland PP guidance. 	Disease specific and symptom based prompts based on BNF chapters	By BNF chapter. Considerations to optimise meds use after checking for valid indication,tapering advice where available, Clinical risk and cost risk.Available with a subscription to PrescQipp
MedStopper	MedStopper	<ul style="list-style-type: none"> •Prioritises medications to stop in older adults based on harm vs. benefit. •User-friendly: enter a drug to see suggested taper, expected withdrawal symptoms, and a simple smiley-face summary; includes one-line links to Beers and STOPP criteria. 	Broad range (non-class specific)	Interactive web tool Input med and gives stopping priority, harm/risk and taper approach. With link to Beers/STOPP. US based and less tailored to UK practice.
NHS Scotland Polypharmacy Guidance	Polypharmacy-Guidance-2018.pdf	<ul style="list-style-type: none"> •Includes the 7 steps of medication review structured process. •Covers shared decision-making and patient prioritisation for deprescribing. Plus table of ADRs, ACB and drug efficacy NNT. 	All meds	Table of therapeutic areas and medication assessments.Comprehensive 70-page polypharmacy guideline with structured process (update due 2025–2028)
NHS Wales Polypharmacy in Older People Guide	NHS Wales Polypharmacy in Older People Guide	<ul style="list-style-type: none"> •Supports deprescribing of medications needing tapering in older adults. •Comprehensive polypharmacy and practical tapering guide, referencing STOPP/START and STOPP/FRAIL toolkits. •Includes ACB score table and high-risk fall medications. 	Antihypertensives, benzodiazepines and z drugs, oral corticosteroids, antidepressants, opioids, gabapentinoids, antipsychotics, bisphosphonates and dementia drugs	When to consider stopping, tapering guide and withdrawal effects for specific classes of medicines. Covers high risk medicines, lack of adherence, sick day rules
STOPPFrail Tool	stopp-START - CGA Toolkit Plus	<ul style="list-style-type: none"> •Guides deprescribing in frail adults >65 with limited life expectancy, severe functional or cognitive impairment, or poor one-year survival. •Focuses on symptom control rather than prevention of disease progression. 	Cardiovasc, coagulation, CNS, GI, respiratory, MSK, urogenital, endocrine, miscellaneous	Listst potentially inappropriate prescribing indicators. Advice on whether to avoid or reduce and reasons why. Targets frail older adults with limited life expectancy.
STOPP/START (v3)	https://www.cgakit.com/stopp-start-v3	<ul style="list-style-type: none"> •Identifies inappropriate prescribing and omissions (START) in patients ≥65, organized by BNF chapter not condition. •UK-aligned, relevant for geriatric care. 	Cardiovasc, coagulation, CNS, renal, GI, Respiratory, MSK, Urogenital, Endocrine, Miscellaneous	By BNF chapter, what to STOP and START. ACB score. Validated tool and frailty aware