

# **Training on Continuous Glucose Monitoring for HCPs and PWDs in Primary Care**

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*At the time of review the products that are currently supported by the specialist team within Notts ICB have been incorporated into this document. Other products are currently non-formulary within Notts ICB and are reviewed periodically.*

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## Definitions

rtCGM	Real time continuous glucose monitoring
PWD	Person living with diabetes

# Training on rtCGM for HCPs in Primary Care

Healthcare professionals working in primary care can increase their knowledge of and confidence in continuous glucose monitoring (CGM) through an education package titled '**Implementing Glucose Sensing in Primary Care**' developed by EDEN (Effective Diabetes Education Now). This package was created in collaboration with Diabetes Technology Network-UK (DTN-UK) and Primary Care Diabetes Society (PCDS) in response to the latest NICE [NG17](#), [NG18](#) and [NG28](#) recommending wider access on the NHS to CGM for people living with diabetes.

The resources will help primary healthcare professionals increase their knowledge and confidence around CGM and consists of **five key education elements**:

1. Initial conversation piece and detailed core knowledge – video resources
2. Case studies for type 1 and type 2 diabetes – video and slide resources
3. Product training package, Abbott and Dexcom – e-learning
4. Implementation guide – web based
5. DTN-UK – additional learning

For more information and to undertake the training visit:

<https://www.glucose-sensing.com>

## Freestyle Libre 2 and Freestyle Libre 2 Plus Training Resources for HCPs

Online Modules are available on the Abbott Freestyle Academy. Register and login as a Healthcare Professional to access modules, videos, and webinars to match your learning objectives	<a href="https://progress.freestylediabetes.co.uk/sign-up">https://progress.freestylediabetes.co.uk/sign-up</a>
FreeStyle Libre 2 tutorial videos	<a href="https://pro.freestyle.abbott/uk-en/home/primary-care.html#primary-care-for-you">https://pro.freestyle.abbott/uk-en/home/primary-care.html#primary-care-for-you</a>
On Demand webinars: Topics such as: Understanding Time in Range, Spotlight on hypoglycaemia.	<a href="https://pro.freestyle.abbott/uk-en/home/primary-care.html#primary-care-for-you">https://pro.freestyle.abbott/uk-en/home/primary-care.html#primary-care-for-you</a>
FreeStyle UK and Ireland YouTube channel: 30+ tutorial and educational videos, playlists and webinars.	<a href="https://www.youtube.com/c/FreeStyleUKIreland/videos">https://www.youtube.com/c/FreeStyleUKIreland/videos</a>
EDEN modules are available specifically for primary care HCPs. EDEN is part of the Leicester Diabetes Centre	<a href="https://www.glucose-sensing.com/">https://www.glucose-sensing.com/</a>
The Association of British Clinical Diabetologists Diabetes Technology Network (ABCD DTN) produced a series of modules in 2019 on Freestyle Libre that are also free to access ( <i>note that Freestyle Libre 2 was launched after these videos were recorded</i> ). These modules take learning beyond device basics, towards clinical management of diabetes.	<a href="https://abcd.care/dtn-education/flash-glucose-monitoring">https://abcd.care/dtn-education/flash-glucose-monitoring</a>
There are some short tutorials on how to complete your individual practice setup and start to connect with your PWDs	<a href="https://pro.freestyle.abbott/uk-en/home/freestyle-portfolio/digital-health-solutions/libreview.html">https://pro.freestyle.abbott/uk-en/home/freestyle-portfolio/digital-health-solutions/libreview.html</a>
Sample sensors for use by HCPs for training purposes	<a href="https://freestylediabetes.co.uk/freestyle-libre/hcp-primary-care-order">https://freestylediabetes.co.uk/freestyle-libre/hcp-primary-care-order</a>

Abbott provide webinar sessions virtually or in-person, and the time required can be tailored to HCP availability and learning objectives. Attendees can select one or all sessions to meet their learning objectives and cover an introductory session (30mins), learning about glucose data session (45mins) and a review session with case studies and troubleshooting (45mins). Troubleshooting and Q&A sessions can also be provided on a 'drop in' basis.

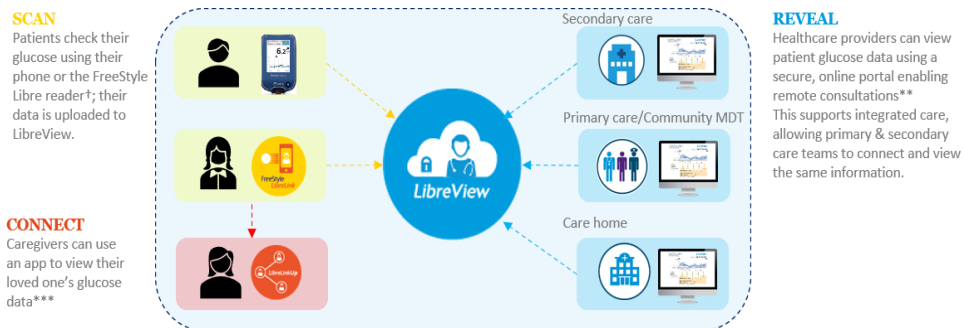
# Setting Up LibreView in GP Practices and PCNs

Abbott can support the set up LibreView for practices and PCNs so that the PWD, their Primary Care HCPs and consultant/DSNs in the integrated system can view the same glucose reports.

This will potentially enable HCPs in specialist services to discharge PWDs safely, and with a degree of 'oversight' for the PWDs and support for primary care colleagues who are involved in supporting the PWD with their diabetes in primary care.

Abbott provides a business intelligence service providing automated population summary reports from anonymized LibreView data downloads.

The digital ecosystem provides patients, caregivers and healthcare providers easy access to patient glucose data



*Sensor-based glucose monitoring using the FreeStyle Libre system offers a complete glycaemic picture to help clinicians make more informed diabetes management decisions with patients, across both primary and secondary care<sup>4,2</sup>*


Contact details for the Abbott Team providing HCP education and support for Primary Care within Notts ICB

Howard Morley: Territory Manager [howard.morley@abbott.com](mailto:howard.morley@abbott.com) Mobile Phone: 07879435006

Joanne Lloyd: Medical Education Associate [joanneevelyn.lloyd@abbott.com](mailto:joanneevelyn.lloyd@abbott.com) Mobile Phone: 07557030302

**NHS Nottingham and Nottinghamshire**  
**[notts.icb.nhs.uk/](https://notts.icb.nhs.uk/)**

# Training Options for FreeStyle Libre 2 and FreeStyle Libre 2 Plus for PWDs

PWDs who can educate themselves on the FreeStyle Libre system, complete the online registration form to receive a free sample sensor, and a link to watch the FreeStyle Libre Starter Clinic Video.	<a href="https://freestylediabetes.co.uk/starterclinic/starter-letter-order">https://freestylediabetes.co.uk/starterclinic/starter-letter-order</a>
Primary care HCPs can access resources to support them training PWDs to get started on the FreeStyle Libre System, the primary care webpage includes sample letters, link to order free of charge stock to the practice, and a range of education resources including foreign language guides and phone compatibility guides.	<a href="https://pro.freestyle.abbott/uk-en/home/primary-care.html#primary-care-for-you">https://pro.freestyle.abbott/uk-en/home/primary-care.html#primary-care-for-you</a>
Virtual FreeStyle Libre New Starter Clinics – ask PWD to register for a new starter clinic at their convenience, they will then receive a confirmation email with a link to attend the session.  Access attached file for patient invitation letter.	<a href="https://app.livestorm.co/abbott-uk-sales-team/national-freestyle-libre-2-system-product-training">https://app.livestorm.co/abbott-uk-sales-team/national-freestyle-libre-2-system-product-training</a>   National Patient training Template - Pr
Abbott led new starter clinics – contact Howard Morley to arrange clinics in your practice for patients who prefer face to face education. Howard will be able to provide the education, template patient invitation letters and training materials. A follow up session with Abbot Medical Educator can also be arranged for PWDs.	Email: <a href="mailto:howard.morley@abbott.com">howard.morley@abbott.com</a>  Mobile Phone: 07879435006
FreeStyle Academy – Ask your PWD to register and login to access education modules to learn about their FreeStyle Libre sensor.	<a href="https://progress.freestylediabetes.co.uk/hcp/academy/">https://progress.freestylediabetes.co.uk/hcp/academy/</a>

## Abbott Team Contact Details

Howard Morley (Territory Manager) [howard.morley@abbott.com](mailto:howard.morley@abbott.com) - 07879435006

Joanne Lloyd (Medical Education Associate) [joanneevelyn.lloyd@abbott.com](mailto:joanneevelyn.lloyd@abbott.com) - 07557030302

**Abbott Order Enquires and Starter Kit Enquiries** - If you have any questions relating to your starter kit order please call 0345 607 3247 or email on [abbott.freestylelibre@nhs.net](mailto:abbott.freestylelibre@nhs.net)

**Abbott Customer Careline Team** - [0800 170 1177](tel:08001701177)

**Abbott Technical Support Team** - [0800 612 3006](tel:08006123006) (FreeStyle LibreLink app, FreeStyle LibreLink Up app and with LibreView).

## Dexcom One Pathway for Initiation and Patient Training

**Dexcom ONE:**  
**Pathway for initiation and patient training**

Person with Diabetes identified as eligible for prescribable CGM, agreement between patient and Healthcare Professional (HCP) that Dexcom One is the preferred device.  
Check phone compatibility [here](#) or obtain a free receiver via [Rebecca.dooley@dexcom.com](mailto:Rebecca.dooley@dexcom.com)



HCP and patient agree most suitable option for training, face-to-face or virtual, either by HCP if competent and confident to do so or by Dexcom.

Person choice



Face-to Face – A system kit (1 transmitter and 1 sensor) provided by HCP on day of initiation.

Online – System kit provided by HCP on day of initiation.

Other - System kit provided by HCP on day of initiation.



Individual Start in healthcare setting.

Group Session in  
Community Venue

App-led onboarding

Online learning  
modules

Online session

HCP can initiate and educate person on Dexcom one in clinic.  
For system kit contact:

[info@cc.dool.wild.ac.com.com](mailto:info@cc.dool.wild.ac.com.com)

Check when/if group sessions available. Confirm suitable date/time slot with patient.

To reserve the  
persons place email:

[saboo@dolesoft.com.com](mailto:saboo@dolesoft.com.com)

Give patient the  
'Getting started on  
Dexcom ONE app'  
handout

Direct them to  
'Ready to get  
started'

Digestible online learning modules located in the [Dexcom ONE Learn](#) journey.

Patient care specialist team are available to those who may be experiencing difficulties.

[Book into an online Nurse-led session](#)

GP practice to initiate repeat prescription of 1x transmitter per 3 months (PIP code 421- 4730) and 3 sensor pack (1 sensor every 10 days) (PIP code 421-4722)

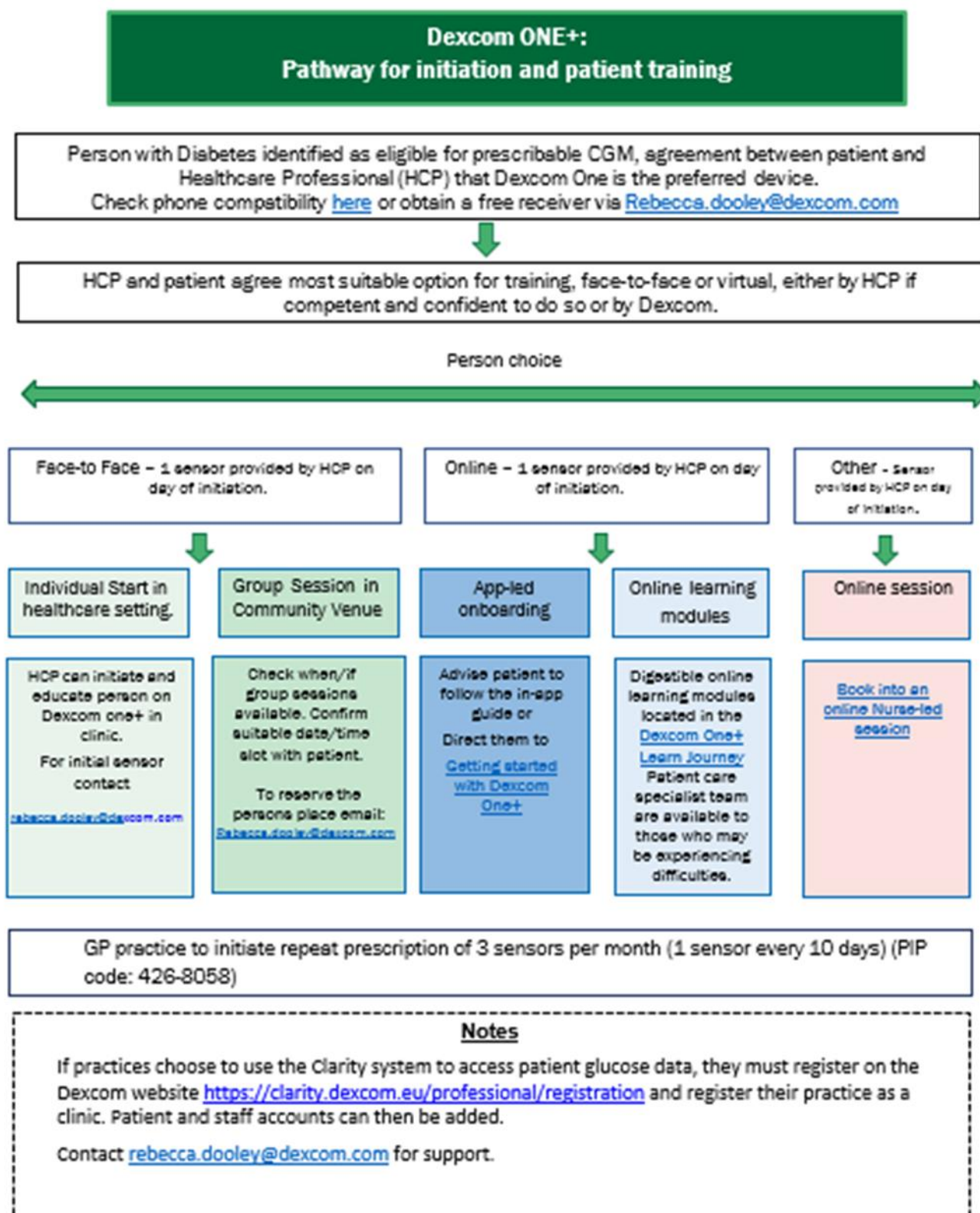
## Notes

If practices choose to use the Clarity system to access patient glucose data, they must register on the Dexcom website <https://clarity.dexcom.eu/professional/registration> and register their practice as a clinic. Patient and staff accounts can then be added.

Contact [rebecca.dooley@dexcom.com](mailto:rebecca.dooley@dexcom.com) for support.



# Dexcom One+ Pathway for Initiation and Patient Training



## Dexcom One and Dexcom One+ Education

Dexcom product range Dexcom One	<a href="https://uk.provider.dexcom.com/products/dexcom-one">https://uk.provider.dexcom.com/products/dexcom-one</a>
Dexcom product range Dexcom one +	<a href="https://uk.provider.dexcom.com/products/dexcom-one-plus">https://uk.provider.dexcom.com/products/dexcom-one-plus</a>
Dexcom Clinical evidence	<a href="https://uk.provider.dexcom.com/education-and-resources/clinical-evidence">https://uk.provider.dexcom.com/education-and-resources/clinical-evidence</a>
What is CGM?	<a href="https://uk-educationhub.dexcom.com/users/sign_in?next=%2Fdashboard">https://uk-educationhub.dexcom.com/users/sign_in?next=%2Fdashboard</a>
Dexcom One training.	<a href="https://uk-educationhub.dexcom.com/enrollments/191861094">https://uk-educationhub.dexcom.com/enrollments/191861094</a>
Dexcom One + training	<a href="https://uk-educationhub.dexcom.com/enrollments/213686613">https://uk-educationhub.dexcom.com/enrollments/213686613</a>
Glooko Academy ABCD and can be accessed	<a href="#">Academy™   Glooko in Collaboration with the ABCD/DTN-UK</a>
Frequently asked questions	<a href="https://uk.provider.dexcom.com/support/faqs">https://uk.provider.dexcom.com/support/faqs</a>
Clinic Resources for Dexcom One & Dexcom One+	<a href="#">Clinic Resources   Dexcom Healthcare Professionals</a>
Clarity system to enable practice data access registration portal	<a href="https://clarity.dexcom.eu/professional/registration">https://clarity.dexcom.eu/professional/registration</a>
EDEN modules are available specifically for primary care HCPs. EDEN is part of the Leicester Diabetes Centre	<a href="https://www.glucose-sensing.com/">https://www.glucose-sensing.com/</a>

# Dexcom Clarity

Setting up Dexcom Clarity in Practices and PCNs

Dexcom can support the set-up Clarity for practices and PCNs so that the PWD, their Primary Care HCPs and consultant/DSNs in the integrated system can view the same glucose reports.

Dexcom Clarity allows healthcare professionals and patients to access clinically relevant glucose patterns, trends, and statistics via a range of interactive reports. Use of Dexcom CLARITY can facilitate better conversations about a patient's glucose insights during virtual or in-person visits.

Clinicians can set their Clarity account up here <https://clarity.dexcom.com/professional/registration>



## Interactive Reports

A variety of interactive reports can be viewed, saved, and printed for more targeted patient conversations and greater efficiency.



## Easy-to-Use Clinic Portal

Your patients' glucose data is accessible via an easy-to-use clinic portal, supporting a more simplified clinic workflow.



## Continuous Data Connection<sup>\*</sup>

No uploading, no problem. Glucose data from your patients' Dexcom CGM app is automatically<sup>\*</sup> sent to Dexcom CLARITY, for more streamlined data management without the hassle of manual uploading.<sup>†</sup>

For more information on Dexcom Clarity please visit <https://uk.provider.dexcom.com/products/dexcom-clarity>

## Dexcom Team Contact Details

For all Primary Care & Community Teams

Rebecca Dooley (Territory Manager) - [rebecca.dooley@dexcom.com](mailto:rebecca.dooley@dexcom.com) - 07818 295832

Sarah Orme (Implementation Specialist) - [sarah.orme@dexcom.com](mailto:sarah.orme@dexcom.com) - 07747 539892

Dexcom Customer Care Line details - <https://www.dexcom.com/en-gb/contact-us-direct>

Customer Care - 0800 031 5761

Technical Support - 0800 031 5763

# Continuous Glucose Monitoring Module via Cambridge Diabetes Education Programme (CDEP)

CDEP is an online e-learning platform consisting of bite-sized diabetes training for healthcare staff. Each CDEP topic generates a CPD certificate and reflection document for revalidation and appraisal purposes as well as CDEP rewards.

Notts ICB has acquired licences to CDEP to ensure **FREE** access for local HCPs. Please see instructions below on how to register:

## HOW TO REGISTER:



- 1 Go to CDEP's website at [www.cdep.org.uk](http://www.cdep.org.uk) or scan your phone here:
- 2 Click on the link in the top right corner: SIGN IN/REGISTER
- 3 Under NEW CANDIDATE REGISTRATION, enter your EMAIL address and click CREATE ACCOUNT
- 4 Complete the rest of the registration form and you're all set!



For FREE access, enter the **REGISTRATION KEY CODE: NOTTSCCGCDEP**

\*If this code is not entered, you will not be able to access CDEP for free. Please [contact CDEP](#) if you need assistance.

# SNOMED Coding

Code	Term
1464621000000103	Intermittently scanned continuous glucose monitoring stopped (situation) / Flash glucose monitoring stopped
1464531000000102	Intermittently scanned continuous glucose monitoring declined (situation) / Flash glucose monitoring declined
1464571000000100	Referral for intermittently scanned continuous glucose monitoring (procedure) / Referral for flash glucose monitoring
1464651000000108	Discussion about intermittently scanned continuous glucose monitoring (procedure) / Discussion about flash glucose monitoring
1464551000000109	Provision of intermittently scanned minimally invasive interstitial fluid continuous glucose monitoring system (procedure) / Provision of flash glucose monitoring system
1464641000000105	Real-time continuous glucose monitoring stopped (situation) / Continuous glucose monitoring stopped
1464541000000106	Real-time continuous glucose monitoring declined (situation) / Continuous glucose monitoring declined
1464581000000103	Referral for real-time continuous glucose monitoring (procedure) / Referral for continuous glucose monitoring
1464661000000106	Discussion about real-time continuous glucose monitoring (procedure) / Discussion about continuous glucose monitoring
1464561000000107	Provision of real-time minimally invasive interstitial fluid glucose monitoring system (procedure) / Provision of continuous glucose monitoring system