

Training on Continuous Glucose Monitoring for HCPs and PWDs in Primary Care

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At the time of review the products that are currently supported by the specialist team within Notts ICB have been incorporated into this document. Other products are currently non-formulary within Notts ICB and are reviewed periodically.

Contents

Training on rtCGM for HCPs in Primary Care	3
Setting Up LibreView in GP Practices and PCNs	4
Contact details for the Abbott Team providing HCP education and support for Primary Care within Notts ICB	4
Useful links for Primary Care: FreeStyle Libre system	5
PWD Training Options: FreeStyle Libre System	8
Abbott Contact Details	9
Dexcom One+ Education	12
Dexcom Clarity	13
Dexcom Team Contact Details	14
Continuous Glucose Monitoring Module via Cambridge Diabetes Education Programme (CDEP)	15
SNOMED Coding	16

Definitions

HCPs	Healthcare Professionals
rtCGM	Real time continuous glucose monitoring
PCNs	Primary Care Networks
PWD	Person living with diabetes

Training on rtCGM for HCPs in Primary Care

Healthcare professionals working in primary care can increase their knowledge of and confidence in continuous glucose monitoring (CGM) through an education package titled '**Implementing Glucose Sensing in Primary Care**' developed by EDEN (Effective Diabetes Education Now). This package was created in collaboration with Diabetes Technology Network-UK (DTN-UK) and Primary Care Diabetes Society (PCDS) in response to the latest NICE [NG17](#), [NG18](#) and [NG28](#) recommending wider access on the NHS to CGM for people living with diabetes.

The resources will help primary healthcare professionals increase their knowledge and confidence around CGM and consists of **five key education elements**:

1. Initial conversation piece and detailed core knowledge – video resources
2. Case studies for type 1 and type 2 diabetes – video and slide resources
3. Product training package, Abbott and Dexcom – e-learning
4. Implementation guide – web based
5. DTN-UK – additional learning

For more information and to undertake the training visit:

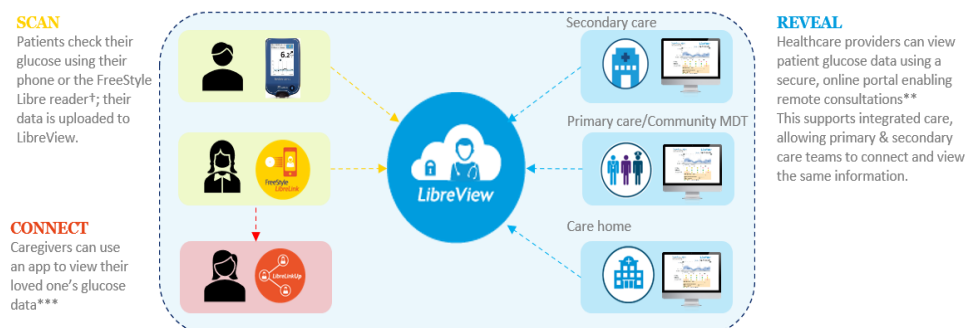
<https://www.glucose-sensing.com>

Setting Up LibreView in GP Practices and PCNs

Abbott can support the set up LibreView for practices and PCNs so that the PWD, their Primary Care HCPs and consultant/DSNs in the integrated system can view the same glucose reports.

This will potentially enable HCPs in specialist services to discharge PWDs safely, and with a degree of 'oversight' for the PWDs and support for primary care colleagues who are involved in supporting the PWD with their diabetes in primary care.

The digital ecosystem provides patients, caregivers and healthcare providers easy access to patient glucose data



Sensor-based glucose monitoring using the FreeStyle Libre system offers a complete glycaemic picture to help clinicians make more informed diabetes management decisions with patients, across both primary and secondary care^{1,2}

Contact details for the Abbott Team providing HCP education and support for Primary Care within Notts ICB

Howard Morley: Territory Manager howard.morley@abbott.com 07879435006

Mike Skarlatos: Medical Educator michael.skarlatos@abbott.com 07879985491

NHS Nottingham and Nottinghamshire
notts.icb.nhs.uk/

Useful links for Primary Care: FreeStyle Libre system

<u>Order starter kits</u>	10 sensors and 5 readers can be requested each month using this link. Additional quantities are available by contacting howard.morley@abbott.com
<u>Primary Care Hub</u>	Designed to support primary care HCPs
<u>Primary Care Guide</u>	PDF Overview of the FreeStyle Libre system for primary care HCPs
<u>Resource Library</u>	Comprehensive resource library for HCP and PWD use

HCP Training Options: FreeStyle Libre system

Beginners: Live webinars delivered by **Abbott Trainers**, delivered several times a week & intended for beginners:

<u>Introduction to the FreeStyle Libre 2 system</u> (60 mins)	Provides an understanding of the system and the value it can bring to patients
<u>Tools and resources for initiation</u> (15 mins)	Provides you with some useful tools and resources to help you initiate patients on the FreeStyle Libre 2 system, and signposts where to find additional resources
<u>Getting started on LibreView</u> (60 mins)	Equips you with all you need to know to begin using LibreView, a cloud-based diabetes management system

Experienced users: Live webinars delivered by **Abbott Medical Educators**, delivered fortnightly:

<u>Introduction to CGM and Glucose Targets</u> (60 mins)	Introduces the concept of Time in Range (TIR) and supports you to have more effective patient consultations by using CGM data
<u>How to have an effective consultation using LibreView</u> (60 mins)	Focuses on 4 simple steps for using the AGP and LibreView reports for structured and effective patient consultations
<u>LibreView Case Studies</u> (60 mins)	Case studies and practical use of LibreView, AGP, and other LibreView reports to support your patient consultation

Contact **howard.morley@abbott.com** if you would like to arrange in-person education for you or your practice team.

District Nursing/Care homes Training: FreeStyle Libre System

Live webinar delivered by **Abbott Trainers (Part 1):**

<u>Maximising the use of the FreeStyle Libre 2 system in the Community</u> (45 mins)	For district nurses, care home workers and the wider community team who manage the care of people with diabetes in care homes and assisted living facilities.
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Live webinar delivered by **Abbott Medical Educators (Part 2):**

<u>Maximising the use of the FreeStyle Libre 2 system in the Community</u> (60 mins)	Tailored for district nurses, care home staff, and community teams who manage diabetes care in care homes and assisted living facilities.
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Contact **howard.morley@abbott.com** if you would like to discuss how Abbott can support District Nursing teams.

PWD Training Options: FreeStyle Libre System

Live webinars delivered by **Abbott Trainers**, delivered several times daily/weekly:

<u>FreeStyle Libre 2 system product training</u> (60 mins) delivered 3 times a day  Adobe Acrobat Document	For people living with diabetes who are starting their FreeStyle Libre 2 system journey. Download PDF and share with PWD, they can also order a starter kit to their home.
<u>Getting the most out of the FreeStyle Libre 2 system</u> (60 mins)	For people living with diabetes who already have experience with the FreeStyle Libre 2 system and who are interested in getting the most out of all of its features

On-demand training video (~20 mins):

<u>Getting starter video</u>	Download letter template here Download SMS template here
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Other resources:

<u>Libre Academy</u>	Libre Academy e-learning – Ask your PWD to register and learn more about their FreeStyle Libre sensor.
<u>Accessible format materials</u>	Easy-Read, Foreign language and Audio guides.

Contact **howard.morley@abbott.com** if you require support in providing In-Person education for PWD unable to use the online methods.

Abbott Contact Details

Local Abbott representatives:

Howard Morley Territory Manager	howard.morley@abbott.com 07879435006	FreeStyle Libre/LibreView training Sample/literature requests Patient group starts
Mike Skarlatos Medical Educator	michael.skarlatos@abbott.com 07879985491	Medical education Data interpretation

Other contact details:

Abbott Customer Careline	0800 170 1177 adchelpuk@abbott.com Sensor replacements can also use the online form here	Monday–Friday 8:00am–8:00pm and Saturday 9:00am–5:00pm (excluding bank holidays)
Digital Health Solutions (LibreView, LibreLink, LibreLinkUp)	0800 612 3006	Monday–Friday 8:00am–8:00pm and Saturday 9:00am–5:00pm (excluding bank holidays)

- Confirm whether the PWD prefers **Online** or **In-Person** training.
- If the PWD does not have a compatible smartphone (check here) for the LibreLink app, they will require a reader device which can be provided in the free-of-charge starter-kit, alongside a 1 x 15-day sensor and new starter booklet.

Online

Live webinar (60 mins) or **On-demand video letter/text**

- Live interactive webinar offered 3x a day
- PWD can order a free-of-charge starter kit to their home
- **Download PDF below and share with PWD**
(printed copies are available by contacting Abbott)



Adobe Acrobat
Document

In-Person

Individual start (HCP led):

- Order free-of-charge starter-kits to your practice [here](#).
- If you require more than 10 sensors/5 readers per month, please contact Abbott.
- Utilise video resources available [here](#)

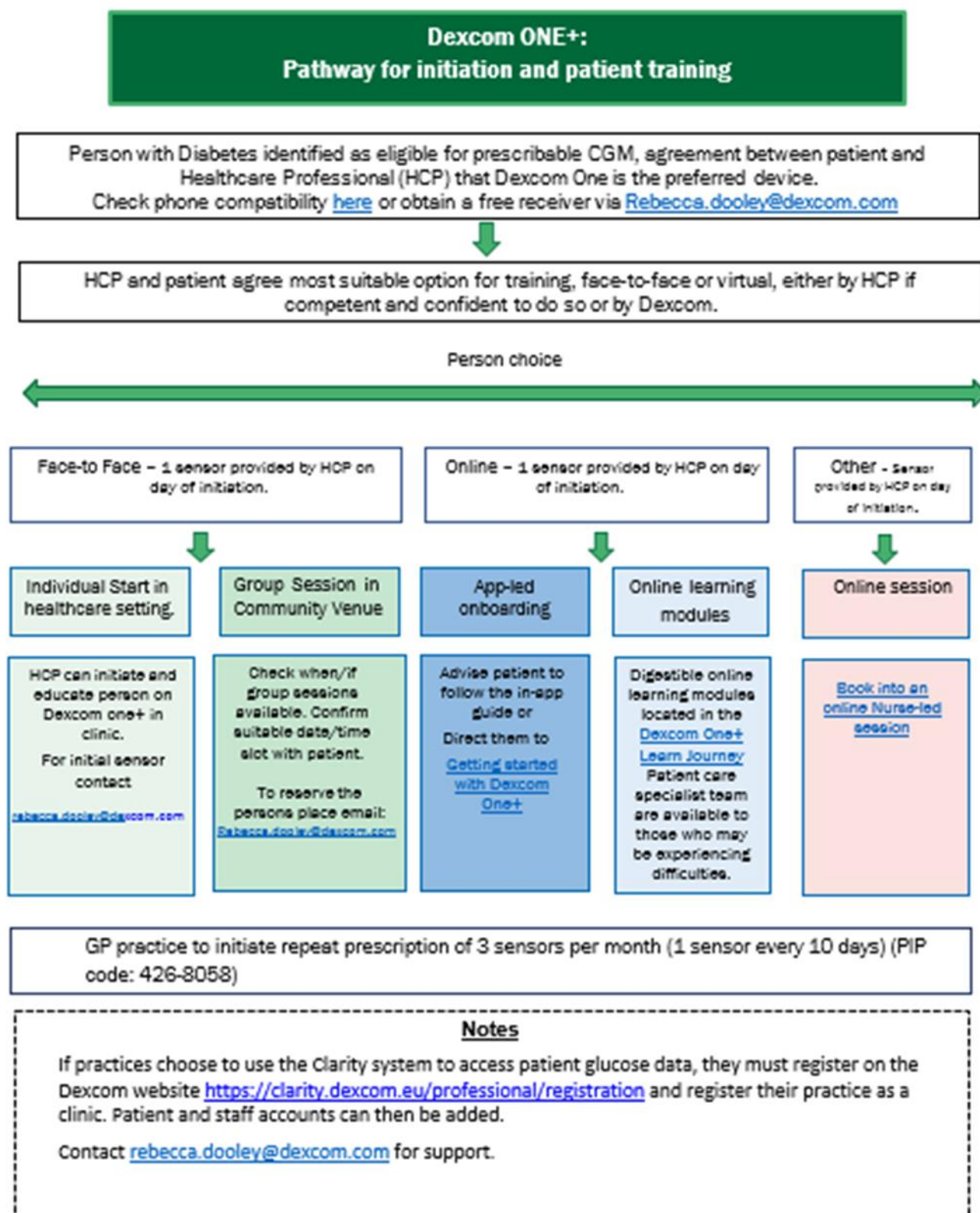
Group start (Abbott led):

- Contact Abbott to arrange a group start within your practice. All starter kits and materials will be provided on the day.

Prescribe 2 x FreeStyle Libre 2 plus sensors per month (1 sensor = 15 days)
PIP Code: 428-0194

A free LibreView.com account can be created by the practice to support remote monitoring.
Please contact Abbott if you need any support with creating this or join a [daily webinar](#) to learn more.

Dexcom One+ Pathway for Initiation and Patient Training



Dexcom One+ Education

Dexcom product range Dexcom one +	https://uk.provider.dexcom.com/products/dexcom-one-plus
Dexcom Clinical evidence	https://uk.provider.dexcom.com/education-and-resources/clinical-evidence
What is CGM?	https://uk-educationhub.dexcom.com/users/sign_in?next=%2Fdashboard
Dexcom One + training	https://uk-educationhub.dexcom.com/enrollments/213686613
Glooko Academy ABCD and can be accessed	Academy™ Glooko in Collaboration with the ABCD/DTN-UK
Frequently asked questions	https://uk.provider.dexcom.com/support/faqs
Clinic Resources for Dexcom One & Dexcom One+	Clinic Resources Dexcom Healthcare Professionals
Clarity system to enable practice data access registration portal	https://clarity.dexcom.eu/professional/registration
EDEN modules are available specifically for primary care HCPs. EDEN is part of the Leicester Diabetes Centre	https://www.glucose-sensing.com/

Dexcom Clarity

Setting up Dexcom Clarity in Practices and PCNs

Dexcom can support the set-up Clarity for practices and PCNs so that the PWD, their Primary Care HCPs and consultant/DSNs in the integrated system can view the same glucose reports.

Dexcom Clarity allows healthcare professionals and patients to access clinically relevant glucose patterns, trends, and statistics via a range of interactive reports. Use of Dexcom CLARITY can facilitate better conversations about a patient's glucose insights during virtual or in-person visits.

Clinicians can set their Clarity account up here <https://clarity.dexcom.com/professional/registration>



Interactive Reports

A variety of interactive reports can be viewed, saved, and printed for more targeted patient conversations and greater efficiency.



Easy-to-Use Clinic Portal

Your patients' glucose data is accessible via an easy-to-use clinic portal, supporting a more simplified clinic workflow.



Continuous Data Connection^{*}

No uploading, no problem. Glucose data from your patients' Dexcom CGM app is automatically^{*} sent to Dexcom CLARITY, for more streamlined data management without the hassle of manual uploading.[†]

For more information on Dexcom Clarity please visit <https://uk.provider.dexcom.com/products/dexcom-clarity>

Dexcom Team Contact Details

For all Primary Care & Community Teams

Rebecca Dooley (Territory Manager) - rebecca.dooley@dexcom.com - 07818 295832

Dexcom Customer Care Line details - <https://www.dexcom.com/en-gb/contact-us-direct>

Customer Care - 0800 031 5761

Technical Support - 0800 031 5763

Continuous Glucose Monitoring Module via Cambridge Diabetes Education Programme (CDEP)

CDEP is an online e-learning platform consisting of bite-sized diabetes training for healthcare staff. Each CDEP topic generates a CPD certificate and reflection document for revalidation and appraisal purposes as well as CDEP rewards.

Notts ICB has acquired licences to CDEP to ensure **FREE** access for local HCPs. Please see instructions below on how to register:

HOW TO REGISTER:



- 1 Go to CDEP's website at www.cdep.org.uk or scan your phone here:
- 2 Click on the link in the top right corner: SIGN IN/REGISTER
- 3 Under NEW CANDIDATE REGISTRATION, enter your EMAIL address and click CREATE ACCOUNT
- 4 Complete the rest of the registration form and you're all set!



For FREE access, enter the **REGISTRATION KEY CODE: NOTTSCCGCDEP**

*If this code is not entered, you will not be able to access CDEP for free. Please [contact CDEP](#) if you need assistance.

SNOMED Coding

Code	Term
1464621000000103	Intermittently scanned continuous glucose monitoring stopped (situation) / Flash glucose monitoring stopped
1464531000000102	Intermittently scanned continuous glucose monitoring declined (situation) / Flash glucose monitoring declined
1464571000000100	Referral for intermittently scanned continuous glucose monitoring (procedure) / Referral for flash glucose monitoring
1464651000000108	Discussion about intermittently scanned continuous glucose monitoring (procedure) / Discussion about flash glucose monitoring
1464551000000109	Provision of intermittently scanned minimally invasive interstitial fluid continuous glucose monitoring system (procedure) / Provision of flash glucose monitoring system
1464641000000105	Real-time continuous glucose monitoring stopped (situation) / Continuous glucose monitoring stopped
1464541000000106	Real-time continuous glucose monitoring declined (situation) / Continuous glucose monitoring declined
1464581000000103	Referral for real-time continuous glucose monitoring (procedure) / Referral for continuous glucose monitoring
1464661000000106	Discussion about real-time continuous glucose monitoring (procedure) / Discussion about continuous glucose monitoring
1464561000000107	Provision of real-time minimally invasive interstitial fluid glucose monitoring system (procedure) / Provision of continuous glucose monitoring system