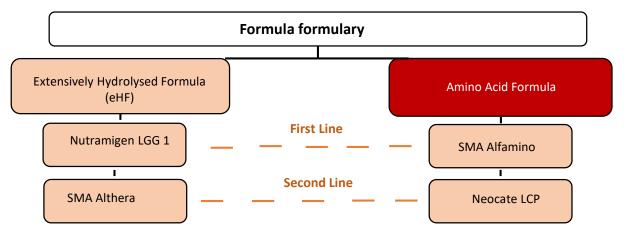




Non IgE mediated IgE mediated (Mostly 2-72hours) (Immediately – 2hours) Diarrhoea/Constipation Nausea Runny/blocked nose **Cow's Milk Protein Allergy** Reflux Swelling face/lips/eyes signs & Symptoms Vomiting Swallowing/breathing issues Blood or mucus in stools Immediate Hives/Urticaria Wind Eczema



Milk challenge

You should reintroduce standard formula gradually using the table below as a guide. If symptoms return, then stop the reintroduction and give the prescribed formula again. If breastfed, mum should reintroduce dairy back into her diet gradually.

	Volume of boiled water ml (fl oz)	Prescribed formula ml (fl oz)	Cows milk formula ml (fl oz)
Day 1	210ml (7 fl oz)	180ml (6 fl oz) in 1 st bottle only	30ml (1 fl oz) in 1 st bottle only
Day 2	210ml (7 fl oz)	150ml (5 fl oz) in 1 st bottle only	60 (2 fl oz) in 1 st bottle only
Day 3	210ml (7 fl oz)	120ml (4 fl oz) in 1 st bottle only	90ml (3 fl oz) in 1st bottle only
Day4	210ml (7 fl oz)	90ml (3 fl oz) in 1 st bottle only	120ml (4 fl oz) in 1 st bottle only
Day 5	210ml (7 fl oz)	60ml (2 fl oz) in 1 st bottle only	150ml (5 fl oz) in 1 st bottle only
Day 6	210ml (7 fl oz)	30ml (6 fl oz) in 1 st bottle only	180ml (6 fl oz) in 1 st bottle only
Day 7	210ml (7 fl oz)	0	210ml (1 fl oz) in 1st bottle only

If milk challenge failed, refer to Community Paediatric Dietetics