

## March 2018 APC Decisions

Medicine	Traffic light status	Indication	Other Information
Freestyle Libre®	AMBER 2	As per the <a href="#">inclusion criteria</a>	For the specified patient groups only. To be initiated by a Consultant Endocrinologist. Review at 6 months in secondary care with prescribing only continuing where the patient meets the continuation criteria
Glucodrate® rehydration sachets	GREY	High stoma output	Product has been discontinued

For a full explanation of the Traffic Light definitions, please refer to the [Joint Formulary website](#)

## News from the APC

### ***Ratified at the meeting:***

(Please note the final documents will be uploaded and available on the APC website within the next 2 weeks to allow for final editing)

- ***Anticoagulation in AF guideline (interim update)***
- ***Riluzole Shared Care Protocol (update)***
- ***Prescribing Policy (update)***
- ***Post bariatric surgery guidelines (new)***
- ***Antipsychotic prescribing information sheets (update)***
- ***Barrier cream formulary (New)***

## NHS England

***NHS England have recently conducted several consultations which have resulted in the development of the following guidance. The APC will work alongside the CCGs to ensure the joint formulary is reflective of these recommendations.***

- [Conditions for which over the counter items should not routinely be prescribed in primary care](#)
- [Items which should not routinely be prescribed in primary care: Guidance for CCGs](#)

## Horizon Scanning, Formulary amendments and traffic light changes

- Flurbiprofen- an **Amber 2** classification with a restriction to NUH ophthalmology consultant initiation for scleritis 2nd line to conventional NSAIDs
- Oxitriptan- Classified as **Amber 2** for adults under the care of a tertiary metabolic centre and **Red** for paediatric patients as this service is delivered through NUH
- Betamethasone with clioquinol (previously Betnovate C®) Reclassified as **Grey**. Dermatologists had suggested Synalar C may be an appropriate alternative
- Bupropion for resistant/refractory depression classified as **Red** for use at Notts Healthcare Trust
- Otopsporin® ear drops added as **Green**, second line after acetic acid
- Granulox® for chronic wounds added as **Grey**
- Atropine 1% eye drops reclassified as **Grey**. Minims may be used as an alternative. For patients unable to use minims due to limited dexterity ophthalmology suggest cyclopentolate 1%
- Bimatoprost 0.3% previously discontinued and patients switched onto 0.1%. A generic 0.3% is now available at a cheaper price, added as **Green**
- Algesal® reclassified as **Grey** following the NHSE guidance for CCGs which recommends that rubefaciants should not be prescribed
- Fludrocortisone amended to include postural hypotension as an additional indication

## Current work in development

- Emollient Formulary (Review)
- Colesevalam prescribing restrictions
- COPD Exacerbation Rescue Medication Guidance (Review)
- Prescribing for transgender patients practice policy (New)
- Omeprazole liquid flow chart (New)

## Upcoming NICE guidance

TITLE	GUIDELINE/TA	EXPECTED DATE
Depression in adults: treatment and management	Guideline	March 2018
Care and support of older people with learning disabilities	Guideline	April 2018
Dementia—assessment, management and support for people living with dementia and their carers	Guideline	June 2018
Rheumatoid arthritis	Guideline	July 2018

The work of the NAPC is supported and managed by the interface team below. They can be contacted via [MACCG.NottsAPC@nhs.net](mailto:MACCG.NottsAPC@nhs.net) if you would like to make a submission or have any queries.

Laura Catt, Prescribing Interface Advisor, NHS Mansfield and Ashfield CCG

Lynne Kennell, Specialist Interface and Formulary Pharmacist, Sherwood Forest Hospitals NHS Foundation Trust

Irina Varlan, Specialist Interface and Formulary Pharmacist, Nottingham University Hospitals NHS Trust