

## Information for Patients and Carers on the Prescribing of Methylphenidate Slow-Release Tablets.

The purpose of this leaflet is to explain a change in the prescribing of **slow-release methylphenidate TABLETS**.

### What are generic and brand names?

- Generic name – this is the approved chemical name of a medicine (drug). Every medicine has an approved (generic) name.
- Brand names – many medicines also have one or more brand names. This is chosen by the company that makes it e.g., paracetamol is a generic name and brand names include Calpol® and Panadol®.

### Methylphenidate:

Several manufacturers produce methylphenidate (generic name) slow-release tablets and the brand names of these are:



Delmosart®  
Xaggitin® XL  
Xenidate® XL  
Concerta® XL  
Matoride® XL

The preferred brands in Nottinghamshire are Delmosart® and Xaggitin® XL and you will most probably have received prescriptions for one of these brands.

Due to a national supply problem with slow-release methylphenidate, we have taken the decision to prescribe generically to allow a community pharmacy to supply the brand they have available and hopefully prevent any delay in obtaining your medicine.

This means that you may notice a difference in the **name** and **appearance** of the medicine you receive from your local pharmacy. However, they all contain methylphenidate which is released slowly during the day and the beneficial effects are the same for all brands. The side effects are also the same for all these brands, but if you have any concerns, please contact the prescriber.

**There should be no change in dose, how you take your medicine or any other aspect of your treatment unless your doctor has informed you otherwise.**