

Nottinghamshire Area Prescribing Committee

November 2022 Bulletin

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New submissions:

Trimbow 172/5/9 pMDI 200 micrograms beclomethasone, 6 micrograms formoterol, 10 micrograms glycopyrronium

AMBER 2

For maintenance treatment of **asthma** in adults not adequately controlled with a maintenance combination of long-acting Beta 2 agonist and a high dose corticosteroid and who are experiencing one or more exacerbations in a year.

Dexcom ONE Continuous Glucose Monitoring Device. Deferred for financial sign off by the ICB.

News from the APC - updated/new documents:

ANTIMICROBIAL GUIDELINES

- <u>Recurrent UTI</u>: includes updated guidance on the use of methenamine hippurate as a prophylactic agent for rUTIs
- <u>UTI in Children</u>: includes updated information on diagnostic testing
- Bacterial Vaginosis
- Chlamydia
- Trichomoniasis
- <u>Pubic Lice</u> (previously known as crab lice)
- Impetigo
- Lyme Disease
- Pityriasis Versicolor
- Panton-Valentine Leukocidin
- <u>Travellers' Diarrhoea</u>

OTHER GUIDELINES

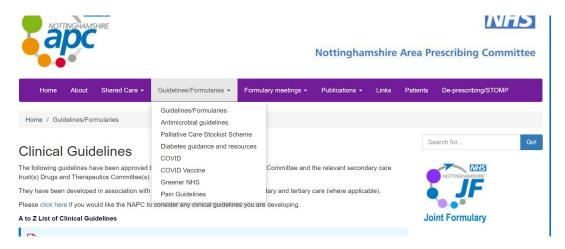
- ♦ Actinic (Solar) Keratosis Primary Care Pathway
- ♦ Repatriation of medication letter
- ♦ Vitamin D Patient Information Leaflet

COMING SOON

- Anticoagulants in AF guideline
- Type II diabetes guideline
- Sick Day Rule Guideline

APC website drop down tabs

You may have noticed we have grouped together some of our guidelines and resources to make them easier to locate. On the APC website you will find a drop down list within the "guidelines and formularies" tab:



Traffic Light Definitions:

Medicines that should be initiated by a specialist and prescribed by primary care prescribers only under a **shared** care protocol

Amb2 initiation.

Medicines suitable to be prescribed in primary care / general practice after **specialist recommendation/**



Primary care/ non specialist may initiate as per APC guideline. (No Need for a referral for specialist input)

Horizon scanning, formulary amendments and traffic light changes

Added as GREY:

- Shingrix to be classified as GREY for use outside of routine vaccination schedule
- Comfifast® tubular bandage East Midlands and NHS direct supplies buying group no longer recommend this brand of tubular bandage
- Ranitidine classification changed from GREEN to GREY; product already had a non-formulary status
- Similac Alimentum and EleCare reclassified as GREY following recall in February 2022.

Added as RED:

 Unlicensed SF chloral hydrate 500mg/5mL oral suspension as RED for use when the licensed preparation and chloral betaine tablets are unsuitable

Added as AMBER 2:

- Pancrex V powder used for patients that need administration via a feeding tube, where capsule formulations are not suitable and long- term use may be required
- Oestrogen only HRT tablet for gender dysphoria
- Oestrogel® for gender dysphoria
- Oestrogen only HRT patch (Estradot® and Evorel®) for gender dysphoria
- Testosterone gel for gender dysphoria
- Testosterone undecanoate (Nebido®) for gender dysphoria

Added as AMBER 3:

Methenamine for use as a prophylactic agent for recurrent UTIs

Added as GREEN:

- Vaxelis®, diptheria, tetanus, pertussis (acellular component), poliomyelitis (inactivated) and Haemophilus influenza type b and hepatitis B vaccine suspension for injection prefilled syringe.
- Actimorph® classified as **GREEN** for use in Palliative Care patients and **AMBER 2** when used/ recommended by Pain Teams for patients in whom Oramorph® or Sevredol® tablets are not suitable.
- Escitalopram oral drops, these may be indicated in patients discontinuing escitalopram if small dose reductions are required due to withdrawal symptoms.
- COVID-19 Vaccine (Cominarty®) Original/Omicron Ba.1 15/15micrograms.

Formulary Amendments

- Glycopyrronium 1mg/5ml Rosemont or Alliance are now the most cost effective options but are not possible to select on SystmOne. Formulary updated to specify prescribe as oral solution sugar free.
- Apixaban Generic version now available so brand name (Eliquis®) has been removed.
- Seroxat (paroxetine hydrochloride) 20mg/10ml oral suspension: removed, global product discontinuation.
- Disopyramide Standard release capsules discontinued. Noted that disopyramide MR 100mg and 250mg capsules (Neon®) remain available.
- Dulaglutide (Trulicity®) Growing demand cannot be met by current supplies. Manufacturer advises stocks should be reserved for current patients to prevent future unavailability problems.
- Buspirone Removed restriction for use in learning disabilities only historical restriction, not clinically appropriate, licensed for short term management of anxiety disorders.

APC webinars A pre-recorded APC update webinar is now available to view on our YouTube channel