

Nottinghamshire Area Prescribing Committee Diabetes Glucose Monitoring – Interim Position Statement

The National Institute for Health and Care Excellence (NICE) have updated the recommendations in their Diabetes guidance in relation to glucose monitoring for both Type 1 and Type 2 diabetes. Please familiarise yourself with these:

- NICE [NG17 Type 1 diabetes in adults](#) recommends wider eligibility for either intermittently scanned continuous glucose monitoring (isCGM) known as “Flash” such as the FreeStyle Libre system, or real time continuous glucose monitoring (rtCGM).
- NICE [NG18 Diabetes \(type 1 and type 2 in children\)](#) recommends a wider eligibility for children with type 1 diabetes to have access to rtCGM or Flash (if >4yrs and unable to use CGM or express a preference).
- NICE [NG28 The Type 2 diabetes in adults](#) recommends that certain people on multiple daily insulin injections may be eligible for isCGM known as 'Flash' monitoring such as FreeStyle Libre.

If your patient appears to meet the criteria can they immediately be referred for a rtCGM?

The most recent NICE recommendations for rtCGM have not yet been implemented locally. The Medicines optimisation team, Integrated Care Board, NHS England and local diabetes specialists are currently working to update local policies on access to rtCGM and the pathways people with diabetes will need to follow. There will be training needs for some people too and we will need to ensure that these are also in place. It is expected that the Nottinghamshire policy will be developed and agreed during the Autumn 2022, and delivery would be staggered according to clinical need over the following 12 months due to the expected high demand.

However the FreeStyle Libre inclusion criteria has been updated in line with NG28. This can be accessed [here](#)

- **Please set up a Libre account by going directly through the manufacturers website [here](#).**
- **Healthcare Professional Training resource available include:**
 - ❖ [Diabetes Technology Network](#)
 - ❖ [EDEN Diabetes - Implementing Glucose Sensing in Primary Care' education package](#)
 - ❖ [Glooko Academy](#)

These should be completed by any prescriber in primary care who wishes to initiate Freestyle for Type 2 diabetes patients in line with the APC criteria.

We are working collaboratively both across Nottinghamshire and with other areas across the Midlands in relation to the implementation of this updated guidance, to maximise benefits, prioritise patients with the greatest clinical need, and allow patients access to the best possible treatment for their clinical circumstances.

We politely ask that patients and clinicians bear with us whilst we complete this process. Further information will be released when available in due course.

In the interim clinicians are advised to continue to follow the existing APC guidance on glucose monitoring.

In addition, APC advise to only refer patients wanting new technology to secondary care once local eligibility criteria have been established and agreed. A delay in appointments could be expected if patients are referred before then.

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