

Nottinghamshire Area Prescribing Committee July 2020 Bulletin

www.nottsapc.nhs.uk www.nottinghamshireformulary.nhs.uk MACCG.NottsAPC@nhs.net



COVID – 19

You can find a dedicated section on the <u>APC website</u> for use during the COVID crisis.

According to Roche, their new COVID-19 antibody test has "a specificity greater than 99.8% and a sensitivity of 100%." - Find out what this means <u>here</u>

New Submissions July 2020

Utrogestan® (Micronised progesterone)	GREEN	Gynaecology	As a 2nd line option for patients requiring combined HRT but unsuitable or intolerant of standard combination preparations. These include women at high risk of VTE (e.g. migraines, BMI >30, PMH of VTE) where transdermal oestrogen is preferred but in whom Evorel Conti is not tolerated or unsuitable because of the need for variable oestrogen dose.
Methylphenidate and dexamfetamine	AMBER 1	Narcolepsy	Not to be added to the formulary until shared care guidance is developed and approved.
Humalog ® 200 (insulin lispro 200 units/ml)	AMBER 2	Diabetes	For patients who require higher doses of insulin due to insulin resistance.
Isocarboxazid	AMBER 2	Major depressive disorder	Major Depressive Disorder – Persistent and Treatment Resistant without Bipolarity. In place of phenelzine which is no longer available.

News from the APC - updated/new documents on the APC website:

- APC annual report 201920
- Nausea and vomiting in pregnancy (Update)
- Type 2 diabetes guideline (Update) no change to treatment algorithm
- Heart failure guideline (Update)
- Dementia Medication Information Sheets (Update)
- <u>Stoma Ancillary Items Formulary</u> (Update)
- <u>Management of Psoriasis (Adults & Children) in Primary Care</u> (New Guideline)
- <u>Rheumatological conditions SCP and information sheets</u> (Update) no change to monitoring schedules.
- <u>Alcohol Dependence Guideline</u> (Update to vitamin B section only)
- Coming in the next two weeks Phosphate binders SCP (Update), Antimicrobial guideline Diabetic foot (Update)

The combined antimicrobial PDF has now been retired. Use the search function on the website to find the required section of the guideline.

Horizon Scannin	g, Formulary amend	ments and traffic light	changes			
Formulary amendmen	ts:					
Slow K ®	– GREY (Discontinued)					
Colifoam ®	- GREY (Discontinued) E	– GREY (Discontinued) Budesonide now first choice rectal foam.				
Zonisamide		– The restriction for the dose to be stable before transfer is to be removed for adults.				
		o manage titrating dose will be				
•		S guideline update, AMBER 2				
-		ed to the eye lubricant guidelin	16			
Systane ® Ultra & Opti						
Plus eye lubricants	- GREY (no longer a cost effective option)					
Danazol	• ·	 – RED for existing patients if alternative not suitable. Existing patients to obtain proceeding from the CD until reviewed by specialist 				
prescriptions from the GP until reviewed by specialist						
Levetiracetam	moved.	 Restriction on who can initiate and the information about the liquid cost to be re- moved. 				
Horizon scanning:						
Ritalin XL						
Lenzetto® transderma	al spray (estradiol) – GREY n	io formal assessment				
Oxycodone/naloxone (Myloxifin®) – GREY					
Epiduo 0.3%	– GREEN	for severe acne with self care	remaining first line.			
Peppermint oil (Buscor	mint®) – GREY n	o formal assessment (review a	again when price available)			
Amoxicillin 1g dispersil	ble tablets – GREY n	nore expensive than suspension	on.			
Apremilast (Otezla [®]) – Deferred to trust DTCs for consideration for RED						
Budesonide orodisp (Jo	orvesa) – Deferre	ed to trust DTCs for considerat	ion for <mark>RED</mark>			
Semaglutide (Rybelsus	®) – GREY n	o formal assessment (Oral GL	P1 agonist)			
Trifarotene cream (Akl	ief®) – GREY n	o formal assessment				
Lyumjev® (insulin lispro rapid acting) – GREY no formal assessment (prescribe Lispro products by brand, NO						
		changeable)				
Current work in o	development					
Aminosalicylates in Inflammatory Bowel Disease COPD Guideline						
in Adults • Asthma in a			0			
Testosterone information sheet Opioids for persistent non cano						
Bowen's Disease Primary Care Treatment Path- SIP feed guidelines update						
way • Specials da			abase			
			ants in Primary Care			
 Omeprazole liquic 	l review process	 Sleep and m 	Sleep and melatonin guidance			
Upcoming NICE	publications					
Title		Туре	Anticipated			
			publication date			
Insect bites and stings a	ntimicrobial prescribing	Guidance	December 2019 – delayed TBC			
Human and Animal bites: antimicrobial prescribing		Guidance	June 2020 – delayed to Novembe 2020			
Naldemedine for opioid i	nduced constipation	TA	Delayed - TBC			
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Naidemedine for opioid induced constipationTADelayed - TBCAcute Coronary SyndromeGuidanceDelayed TBCLow back pain and sciatica in over 16s: targeted review of pharmacological interventionsGuidanceSeptember 2020

The work of the NAPC is supported and managed by the interface team below. They can be contacted via <u>MACCG.NottsAPC@nhs.net</u> Laura Catt (LC), Prescribing Interface Advisor, Nottingham and Nottinghamshire CCG Karen Robinson (KR), Interface and APC Technician, Nottingham and Nottinghamshire CCG Lynne Kennell (LK), Specialist Interface and formulary pharmacist, Sherwood Forest Hospital. Shary Walker (SW), Specialist Interface and Formulary Pharmacist NUH Jill Theobald (JT) Specialist Interface Efficiencies Pharmacist, Nottingham and Nottinghamshire CCG Irina Varlan (IV) Specialist Interface Efficiencies Pharmacist, Nottingham and Nottinghamshire CCG Hannah Godden (HG) Specialist Mental Health Efficiencies Pharmacist, Nottinghamshire Healthcare Trust