

New drug submissions— September 2019 APC Decisions

Medicine	Traffic light status	Indication	Other Information
Testosterone - <ul style="list-style-type: none"> Sustanon-250 injection Restandol Testocaps Tostran gel 2% 	Interim RED see other information	Constitutional delay in growth and puberty and for hypogonadism in children and adolescents.	Traffic light status for all formulations of testosterone in this cohort is to be RED pending completion of shared care protocol. Following completion it was considered that Sustanon-250 Injection would be amber 1, whilst the Restandol® Testocaps and Tostran Gel 2% would become amber 1 or 2
VisuXL eye drops	GREY	Post surgery corneal ulcers / severe dry eye	Lack of evidence to support prescribing over other available products

News from the APC - updated/new documents on the APC website:

- [Primary care alcohol withdrawal guideline](#) (Update)
- [Desmopressin \(Noqdirna®\) prescribing information sheet](#) (New)
- [Transgender Position Statement](#) (Update)
- [COPD Exacerbation guidance](#) (Update)
- [Emollient formulary](#) (Update)
- [Prostatitis guideline](#) (Update)
- [Stoma ancillary formulary](#) (Update)
- [Sip feed care home request form](#) (New)
- [Vitamin D adult guideline](#) and [patient leaflet](#) (Update)

Nottinghamshire Deprescribing Network

An integrated approach across all sectors is essential to educate patients and clinicians to achieve meaningful outcomes in reducing inappropriate polypharmacy. The local [Deprescribing working group](#) aims to create resources and support for clinicians in all sectors to achieve an ICS wide approach to de-prescribing.

Useful links, resources, patient information and further guidance can be found on the APC website at: <https://www.nottsapc.nhs.uk/de-prescribing/>

Our current focus topics are:

High dose opioids

Frailty and falls risk

Horizon Scanning, Formulary amendments and traffic light changes

Horizon scanning - GREY classification assigned until formal submission

- Testavan 20mg/g transdermal gel - **GREY** due to environmental impact of the device with no additional clinical benefit.
- Estriol 50micrograms/g vaginal gel, Blissel® for the local treatment of vaginal dryness in postmenopausal women with vaginal atrophy – **GREEN**

Formulary amendments and traffic light changes:

- Linagliptin/metformin (Jentaduo 2.5/1000 and 2.5/850) added as **GREEN** for patients on a stable combination of linagliptin and metformin only.
- Pregabalin - Formulary updated - pregabalin can be prescribed in preference to gabapentin for neuropathic pain in palliative care patients. Salicylic acid 40% corn/verruca removal plasters - **GREY** with a note for self care
- Clonidine 25mcg **GREEN** for postmenopausal symptoms
- Deodorant sprays removed from Stoma ancillaries formulary - **GREY**

Current work in development

- Melatonin evidence and guideline review
- Dementia short guide
- Chronic constipation pathway
- End of Life Guidelines
- UTI prophylaxis guideline (Update)
- ADHD shared care protocols
- Gynaecomastia guidelines
- Infant feeds - Premature Infants
- Headache in adults guideline
- Antimicrobial wound care formulary
- Penicillin allergy awareness leaflet

Upcoming NICE publications

Title	Type	Anticipated publication date
Rivaroxaban for preventing major cardiovascular events in people with coronary or peripheral artery disease	TA	August 2019 delayed
Pentosan polysulfate sodium for treating bladder pain syndrome	Guidance	November 2019
Budesonide for treating active eosinophilic oesophagitis	TA	October 2019
Cannabis-based products for medicinal use	Guidance	October 2019
Diabetic foot infection: antimicrobial prescribing	Guidance	October 2019

The work of the NAPC is supported and managed by the interface team below. They can be contacted via MACCG.NottsAPC@nhs.net

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