



**Wishing all our readers a
very merry Christmas**



Medicine	Traffic light status	Indication	Other Information
Liraglutide 1.8mg dose	GREY	Diabetes	Due to the lack of supporting evidence and significant extra cost of the 1.8mg dose, the restriction to 1.2mg will remain
Cannabis based products for medicinal use	GREY	Epilepsy	Epidiolex® is the product recommended by the British Paediatric Neurology Association Awaiting assessment pending discussions at Trust DTCs

For a full explanation of the Traffic Light definitions, please refer to the [Joint Formulary website](#)

New to the APC website

- [Vitamin B12 flowchart](#) (New)
- [Glycopyrronium Switch to Sialanar® Documentation](#) and [Dose Guidelines](#) (New)
- [Dry Skin Patient Information Leaflet](#) (New)
- [Nausea and Vomiting in Pregnancy Guidelines](#) (Update)
- [Limited Clinical Value Medicines and Appliances](#) (formally called low priority list) (Update)
- [Vitamin D for Adults Guideline](#) (Update)
- [Dronedarone Shared Care Protocol](#) and [Prescribing Information Sheet](#) (Update)
- [Lactose Intolerance Guideline](#) and [Patient Information Leaflet](#) (Update)

Gluten free foods

Gluten free food will no longer be routinely available on prescription from any GP Practice in Nottinghamshire for patients with coeliac disease or dermatitis herpetiformis.

[Greater Notts position statement](#)

[Mid Notts position statement](#)

Formulary amendments and traffic light changes and Horizon Scanning

Traffic light changes

- Escitalopram - Re-classified as **GREEN** in line with other SSRI's
- Pyridoxine - Re-classified as **GREY**, whilst awaiting submission for PMS.
- Neocate Syneo® Formula Milk for Cows Milk Allergy - **AMBER 2** second line amino acid formula on recommendation from a specialist (including dietitian)

Self care

- Senset cleansing foam® - Skin cleansing foam designed for patients with incontinence. Self-care agenda would support purchase rather than NHS prescription (£2.50/300ml). Classified as **GREY**
- Cyanocobalamin tablets (Classified as **GREY**) are available to buy from a pharmacy in a 50microgram strength at a cost of approx. £15 for 50 tabs. These are also available at varying lower prices on-line and in health food shops, however these are likely to be food supplements rather than licensed medications. It may be appropriate to discuss self care using such product with patients with low grade Vitamin B12 deficiency or who are deficient due to lifestyle dietary choices.

Horizon scanning—the following were classified as Grey; no formal assessment

- Cariprazine for schizophrenia
- Flutiform K® Inhaler for asthma
- Budesonide (Jorveza®) for treatment of eosinophilic esophagitis in adults

Current work in development

- Palliative Care Pocketbook
- Vitamin D for children Guideline
- Osteoporosis and bisphosphonates
- Omeprazole liquid flow chart

Upcoming NICE guidance

TITLE	GUIDELINE/TA	EXPECTED DATE
Chronic obstructive pulmonary disease (acute exacerbation): antimicrobial prescribing	Guideline	December 2018
Chronic obstructive pulmonary disease in over 16s: diagnosis and management (update)	Guideline	December 2018
Acute cough (including acute bronchitis): antimicrobial prescribing	Guideline	February 2019

The work of the NAPC is supported and managed by the interface team below. They can be contacted via MACCG.NottsAPC@nhs.net if you would like to make a submission or have any queries.

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