PATIENT PRESENTS IN PRIMARY CARE WITH COGNITIVE IMPAIRMENT

INVESTIGATIONS AND ASSESSMENTS UNDERTAKEN TO SUPPORT CORRECT DIAGNOSIS
- Take history and review medication
- Cognitive and mental state examination – it is recommended to use the 6 Item Cognitive Impairment Test (6CIT). This is not suitable for people with learning disability
- Physical examination and other appropriate investigations – a physical examination (including basic neurological and cardiovascular examinations) can detect evidence of physical disorders that can cause cognitive impairment, as well as other features that are important in making an accurate diagnosis. The following tests may be appropriate:
  - Routine haematology – FBC, ESR
  - Biochemistry – electrolytes, calcium, glucose, renal and liver function according to local protocols
  - Thyroid function tests
  - Serum vitamin B12 and folate levels
Consider ECG, chest X-ray and MSU if indicated

REFER ALL PATIENTS WITH SUSPECTED DEMENTIA FOR SPECIALIST ASSESSMENT AND DIAGNOSIS
City – via SPA at Highbury Hospital, County/Bassetlaw see overleaf

PROVISION OF INFORMATION ABOUT DEMENTIA AND APPROPRIATE SUPPORT SERVICES
Following a diagnosis of dementia, health and social care professionals should, unless the person with dementia clearly indicates to the contrary, provide them and their family with written information (accessible where appropriate) about:
- Signs and symptoms of dementia
- Course and prognosis of the condition
- Treatments
- Local care and support services
- Support groups
- Sources of financial and legal advice, and advocacy
- Medico-legal issues, including driving
- Local information sources, including libraries and voluntary organisations

TREATMENT FOR COGNITIVE SYMPTOMS
Non pharmacological NICE Guideline CG42
Pharmacological Memantine
Donepezil  Galantamine  Rivastigamine

INTEGRATED HEALTH & SOCIAL CARE PLAN ESTABLISHED
CARER REFERRED FOR ASSESSMENT IF APPROPRIATE

IS PATIENT STABLE?

NO
REFERRAL TO SPECIALIST SERVICES AS REQUIRED
IF ADDITIONAL BEHAVIOURAL AND PSYCHOLOGICAL SYMPTOMS
Undertake assessment to establish likely causes

YES
PATIENT DISCHARGED TO GP
ANNUAL REVIEW IN PRIMARY CARE
- Secondary prevention – review and treat any risk factors according to relevant guidelines
- Assess for medical co-morbidities and key psychiatric features associated with dementia, including depression and psychosis
Specialist Dementia Assessment and Diagnosis Services in Nottingham and Nottinghamshire

<table>
<thead>
<tr>
<th>BASSETLAW</th>
<th>NOTTINGHAM WEST (BROXTOWE)</th>
<th>CITY NORTH &amp; SOUTH</th>
<th>CITY WORKING AGE DEMENTIA</th>
<th>NOTTINGHAM NORTH &amp; EAST (GEDLING)</th>
<th>MANSFIELD &amp; ASHFIELD</th>
<th>NEWARK &amp; SHERWOOD</th>
<th>RUSHCLIFFE</th>
<th>COUNTRY WORKING AGE DEMENTIA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address</td>
<td>Bassetlaw District General Hospital Blyth Road Kilton Worksop Notts S81 0BD</td>
<td>Sheila Gibson Unit Stapleford Care Centre, Church Street Stapleford Notts NG9 8DB</td>
<td>St Francis Unit City Hospital Hucknall Rd Nottingham NG5 1PB</td>
<td>GMS 76 Portland Street Kirkby in Ashfield Notts NG17 7AG</td>
<td>St Francis Unit City Hospital Hucknall Rd Nottingham NG5 1PB</td>
<td>Heather House 72 Portland Street Kirkby-in-Ashfield Notts NG17 7AG</td>
<td>Byron House Newark District General Hospital Newark Notts NG2 4DE</td>
<td>Lings Bar Hospital Bingham Gamston Nottingham NG2 6PR</td>
</tr>
<tr>
<td>Telephone Number</td>
<td>01909 502408</td>
<td>0115 9560813</td>
<td>SPA - 0300 0115 9691300 Ext 16239</td>
<td>01159 560884</td>
<td>0115 9691169 ext 56551</td>
<td>01623 403278</td>
<td>0115 8760155</td>
<td>0115 8837417</td>
</tr>
<tr>
<td>Fax Number</td>
<td>01909 502006</td>
<td>0115 9391172</td>
<td>N/A</td>
<td>01623 722834</td>
<td>0115 8402644</td>
<td>01623 752923</td>
<td>01636 678707</td>
<td>0115 8837478</td>
</tr>
</tbody>
</table>

Learning Disability Services for Assessment and Diagnosis of Dementia in Nottingham and Nottinghamshire

Referral is by letter or Choose and Book

<table>
<thead>
<tr>
<th>ASHFIELD</th>
<th>BASSETLAW</th>
<th>CITY NORTH (Bilborough and Bulwell)</th>
<th>CITY NORTH (except Bulwell and Bilborough)</th>
<th>CITY SOUTH (Radford, Arboretum, St Anns)</th>
<th>CITY SOUTH (all remaining)</th>
<th>MANSFIELD</th>
<th>NEWARK and SHERWOOD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address</td>
<td>Dr Singh Portland Street Kirkby in Ashfield Notts NG17 7AG</td>
<td>Dr Habib Zaki Bassetlaw Community Learning Disability Team Worksop Library Memorial Avenue Worksop Nottinghamshire S80 2BP</td>
<td>Dr Deval Bagalkote Highbury Hospital Highbury Vale Bulwell Nottingham</td>
<td>Dr Peter Cutajar Highbury Hospital Highbury Vale Bulwell Nottingham NG6 9DR</td>
<td>Dr Habib Zaki Highbury Hospital Highbury Vale Bulwell Nottingham NG6 9DR</td>
<td>Dr Richard Welfare Highbury Hospital Highbury Vale Bulwell Nottingham NG6 9DR</td>
<td>Dr Barbara Houghton Chadburn House Weighbridge Road Mansfield Notts NG18 1AH</td>
</tr>
<tr>
<td>Telephone Number</td>
<td>01623 785484</td>
<td>Mon, Tue, Thur 01909 535363 Direct Line 01909 535388 07774 880253</td>
<td>0115 8542281</td>
<td>0115 8542282</td>
<td>Wed and Fri (AM) 0115 8542281</td>
<td>0115 8542280</td>
<td>01623 436627</td>
</tr>
</tbody>
</table>

FOR MORE DETAILED GUIDANCE REFER TO FULL VERSION OF GUIDELINES (2013)

The guidelines were originally developed in 2005 by health services across Nottingham City and South and North Nottinghamshire and have been reviewed following publication of both the NICE guidance (2006) and the National Dementia Strategy (2009). A countywide working group was set up in 2010 to review the guidelines, comprising health and social care partners, including secondary and primary care clinicians. This version has been updated in light of new memory services and changes to prescribing guidelines for dementia drugs and anti-psychotics.

July 2013 – Review date March 2016- extended to September 2017

Interim Update August 2016